

rock and roll



Dates & Duration

Available October to April. 5 hour round trip from Dibba.

The Trip

This adventure takes place in Wadi Zikt, a half hour transfer from our Adventure Centre. We start with an introduction to rock climbing on the bolted routes near the Al Owais dam. Participants learn the basics of climbing and belaying before heading up the simple single pitch routes under the supervision of our instructors.

The second part of our adventure sees us mountain biking on the undulating trail around the wadi.

All equipment is provided during this exciting half day.

More info?

For costs and availability email Absolute Adventure at arabia@adventure.ae or visit us at

www.adventure.ae



serious adventure... serious fun!